

No matter what your addictive behavior, SMART Recovery can help. For over two decades we have been offering free support groups (face-to-face and online) helping people learn self-empowering tools and providing support for each other in recovery.

The goal of SMART Recovery is for you to achieve a healthy, positive and balanced lifestyle so you can conquer new challenges when you feel confident your addictive behavior is behind you.

Go to www.SmartRecovery.org to find the nearest meeting.

MEETINGS WILL BE HELD

Every Wednesday from 5:30 - 7:00pm

Peer Wellness Center 7091 W. Emerald St. Boise, ID 83704



## DISCOVER THE POWER OF CHOICE!

MEETING WILL BE IN PERSON AS WELL AS ON ZOOM

**Link:** https://www.google.com/url?q=https://us06web.zoom.us/j/87634010795?pwd%

3DS25vYjBXRytPREJ6SUhIMWpEcjhSdz09&sa=D&source=calendar&ust=1636236349815106&usg=AOvVaw3O8xj\_G5G6vn94Aw0PIIUF

Meeting ID: 876 3401 0795 P

Passcode: 674435