SMART Recovery®

Life beyond addiction

WHAT IS SMART RECOVERY ALL ABOUT?

- We believe YOU have the power within you to make lasting changes in behavior
- We encourage non-stigmatizing language
- We are science and evidence informed
- We offer a handbook filled with practical tools
- We provide mutual support meetings online and in-person
- Our meetings are for any kind of behavioral or substance addiction

LOCAL MEETING

Wednesdays 5:30pm-7:00pm

8515 W Overland Rd - Boise, ID 83709

For more information, contact JC at 208 991 3681