



# When more is needed, help is available 24/7.

A crisis can happen to anyone at any time. The following behavioral health crisis services are the essential community components that can help you or your loved one bridge the gap between emergency services and long-term care, provide immediate support, reduce police involvement, and provide the support you need-when you need it.

## You don't have to figure this out alone.

Sometimes,  
we just need someone...

### someone to CALL

If you or someone you know is experiencing a mental health or substance use crisis, you can reach the Idaho Crisis and Suicide Hotline by calling or texting 9-8-8 24 hours a day, 7 days a week.  
**9-8-8 acts as the primary contact for immediate counseling and referral.**



### someone to RESPOND

988 can send out Mobile Response Teams (MRTs). MRTs are staffed by behavioral health professionals who travel to the individual experiencing a crisis and provide assessment, stabilization, and, if needed, triage the individual to a higher level of care.  
Mobile Response Teams are now available 24 hours a day, 7 days a week!

### somewhere to GO

**Community Crisis Centers** are a safe place for individuals to go if they are experiencing a behavioral health crisis, such as suicidal thoughts or withdrawal from drugs, to get help. They can stay for up to 24 hours and receive a bed, food, and services from mental health professionals so they can decide what to do next. All services are provided without charge to patients in need. Referrals and connections are made to appropriate community resources. Clients may remain at the facility for up to 23 hours and 59 minutes, but most people get the help they need in less time. Services provided include 24-hour hotline, detox services, and crisis intervention and prevention. *"No judgement. Just help."*

**Recovery Community Centers** provide a safe place for individuals and their family members to receive free recovery support services from others who are in recovery, themselves. They are a confidential and judgement-free environment where individuals can connect and receive the social and practical support needed to heal and recover. The support provided at a Recovery Community Center compliments other crisis and clinical services offered in the community by "walking with" individuals as they navigate "the system", and by providing ongoing one-on-one and group peer support. *"While crisis centers offer services for a day for a person in crisis, recovery community centers offer recovery for a lifetime. Recovery community centers are where hope lives."*

## Ada County's Community Centers



### **Clarvida Community Crisis Center** (Adults 18+)

is located at  
7192 Potomac Drive  
Boise, ID 83704

(833) 527-4747

Hours: 24/7 365 days/year

### **Clarvida Community Youth Crisis Center** (ages 12-17)

is located at  
9196 W Emerald St #100  
Boise, ID 83704

(833) 527-4747

Hours: 24/7 365 days/year



### **PEER Wellness Center**

is located at  
8515 W Overland Rd  
Boise, ID 83709

208-991-3681

Hours: Mon-Fri 10A-6P